My Thanksgiving Day

A Social Story



1

It's fall, and Thanksgiving is coming!



2

This year, we will have Thanksgiving dinner at _____.



3

We will get there by _____.



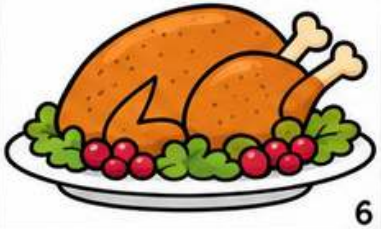
4

We will sit down to eat Thanksgiving dinner.



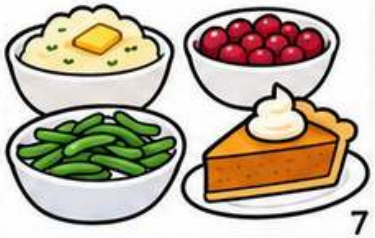
5

One food I might see is _____.



6

Other foods I might see are _____.



7

I can choose what goes on my plate. It's okay to eat foods I already know.



8

I might hear people talking or notice new smells.



9

If I need a break, I can tell or show my grown-up.



10

My quiet spot is _____.

I can bring _____.



11

After we eat, I will spend time with my family. We might _____.



12

When our visit is over, I can say goodbye, wave, or use my device.



13

We will get home by _____.



14

I can enjoy Thanksgiving in a way that feels right for me.



Happy Thanksgiving!

15

Therapy & Beyond