



AUTISM & WATER SAFETY



This summer, proactively prepare for safe water play by creating a routine.

You may be thinking, “I don’t have a pool or live around a body of water”. The reality is, there will always be unplanned instances when your child is around potentially dangerous water sources. Practicing these simple tips in advance will help keep your child safe all summer long.


1. Teach your child how to identify bodies of water and come to you when they do so

2. Let them practice asking permission to go into the water. If your kiddo is nonverbal, they can carry a card, sign, or use their AAC device.

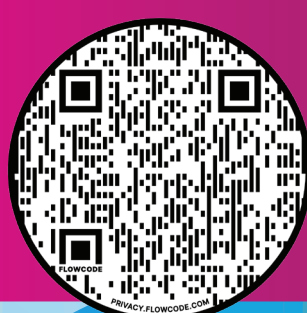
3. Have them count to three before getting into the water.

4. Give them a ‘permission band’. This can be a rubber band, a scrunchie, or bracelet that they wear letting them know they have permission to swim.

Creating a routine by proactively practicing these tips with your child will help prepare your family for a safe and fun summer!



AUTISM TREATMENT



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