

ALL BEHAVIORS MEAN SOMETHING: ABC DATA SHEET

ALL BEHAVIOR TELLS YOU SOMETHING!

CAN YOU PREDICT WHEN A BEHAVIOR OCCURS? IF SO, FILL IN THE CHART BELOW

DATE	TIME	ANTECEDENT (BEFORE)	BEHAVIOR	CONSEQUENCE (AFTER)	POSSIBLE FUNCTION

HOW TO USE THIS CHART:

1. Recognize the behavior.
2. Take data on **WHEN** the behavior occurs, **WHAT** happens *before* the behavior, & **WHAT** happens *after* the behavior
3. Notate the possible Function
4. Verify consistency by taking data the next time the behavior occurs



For next steps check out this short video:
bit.ly/understandingbehaviors



ALL BEHAVIORS MEAN SOMETHING: ABC CHECKLIST

DATE	TIME	ANTECEDENT (BEFORE)	BEHAVIOR	CONSEQUENCE (AFTER)	DURATION	INTENSITY
		<ul style="list-style-type: none"> ___ Alone ___ Social interaction <ul style="list-style-type: none"> ___ with peers ___ with adults ___ Beginning an activity ___ Ending an activity ___ Demand ___ Wants something tangible ___ Made request that was denied ___ Accepting "NO" ___ Interruption/Transition ___ Verbal instructions given ___ Break/down time ___ Other _____ _____ _____ _____ 	<ul style="list-style-type: none"> ___ Noncompliance/ ignore instruction ___ Aggression ___ Flopping ___ Cry/scream/whine ___ Verbal protest ___ Running away ___ Refusing to stop a behavior after a request is made ___ Other _____ _____ _____ _____ 	<ul style="list-style-type: none"> ___ Keep demand ___ Deny access to reinforcer ___ Redirect ___ Ignore problem behavior ___ Count & mand ___ Compliance trials ___ Block ___ Use reinforcer to reinforce good behavior ___ Used a communication device ___ Gave 2 choices ___ Reviewed social story ___ Other _____ _____ 	<ul style="list-style-type: none"> ___ <1min ___ 1-5min ___ 5-10min ___ 10-30min ___ 1/2-1hr ___ 1-2hr ___ 2-3hr ___ 3+hr 	<ul style="list-style-type: none"> 1 LOW 2 3 4 5 HIGH

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