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# EXPANDING THE HORIZONS

For over 14 years, Therapy and Beyond has been expanding the horizons of families impacted by autism. Founded by Dr. Regina Crone, they use play-based teaching in a naturalistic setting to provide ABA therapy, speech therapy, and occupational therapy for children ages two to 18 in Texas, Oklahoma, and Colorado. Their individualized programs encourage family involvement and focus on major areas of development, including behavior, language, social, academic, and self-help.

## INSPIRED BY AUTISM

Dr. Crone's devotion to the autism community started when her family adopted her youngest brother from Russia. At eighteen months old, he had few sounds, little eye contact and displayed behaviors such as head banging, lining up shoes, and sorting his toys by color. She watched her mother work tirelessly to find help for him, from school district red tape to therapists who readily gave up. Finally, they found a good fit and a dedicated therapist who taught her brother sign language. Watching his communication skills and confidence grow inspired her to one day make a difference in other children's lives. Today, she fuels this passion through programs at Therapy and Beyond as well as Camden Hill Montessori and Teach Me Academy. Recently Dr. Crone co-founded the nonprofit Labeled and Loved, whose mission is to embrace and strengthen families with special needs by providing connective experiences and educational resources igniting personal growth and systemic change within the community.

## NOT A COOKIE CUTTER APPROACH

Therapy and Beyond aims to teach socially significant, meaningful skills, not rote skills, by developing a specific, individualized program for each child using the science of Applied Behavior Analysis (ABA). ABA addresses a child's core learning challenges, which can include communication, social skills, and problem behaviors. Data and continued analysis is a key component of ABA and Therapy and Beyond meets with parents often to review this data, go over goals, and make sure the individualized program is effective and meaningful.

## GIVING BACK

One of Therapy and Beyond's goals each year is to give back to the Autism community through free events, such as the Mom's Mingle. Each year in 7 cities, Therapy and Beyond hosts an event for over 150 moms of children with autism. These moms are encouraged to relax with other moms on a similar journey, while being pampered with food, drinks, games, and entertainment.



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